



MID WEEK MESSAGE NOTES AND INTERACTIVE PDF

Truth & Light

God's light reveals what has taken root in the heart, and yielding to His truth allows the Spirit to cleanse and reshape us.

SERMON TITLE	MINISTER
Truth & Light	Donna Lightfoot
DATE	PRIMARY SCRIPTURE
Wednesday, March 4, 2026	Psalm 51:6-17 ; John 1:4-8

TOPICS [Spiritual Maturity](#) | [Surrender](#)

NOTES

Truth to carry into the week.

01 Treat the heart as holy ground.

- The heart is the inward place from which life flows, so what is planted there must be guarded carefully. ([Proverbs 4:23](#))
- Seeds of offense, unforgiveness, fear, destructive media, and harmful speech cannot be allowed to take root. ([Hebrews 12:15](#))

"We need to see it as holy ground. We need to treat it as holy ground."

STUDY [Proverbs 4:23](#); [Hebrews 12:15](#)

02 Receive Jesus as the true light.

- Life is found in Jesus, and that life becomes light for humanity. ([John 1:4](#))
- John bore witness so people would recognize and believe in the true Light. ([John 1:6-8](#))
- Christ's light reaches people sitting in darkness and the shadow of death. ([Matthew 4:16](#))

“You are a light bearer.”

STUDY [John 1:4-8](#); [Matthew 4:16](#)

03 Let truth become an inward work.

- God desires truth in the inward parts rather than a polished religious appearance with an unchanged heart. ([Psalm 51:6](#))
- Creation bears witness to God, yet revelation must be received with humility instead of filtered through pride or preference. ([Romans 1:19-20](#))

“The truth is the inward work of Jesus inside of us.”

STUDY [Psalm 51:6](#); [Romans 1:19-20](#)

04 Examine the lens through which you see.

- Jesus warns that the eye affects the light or darkness within the whole person. ([Luke 11:33-36](#))
- Negative assumptions, unrenewed thinking, and personal preference can distort perception and be mistaken for spiritual insight. ([Luke 11:35](#))

“Watch out that you do not mistake your opinions for revelation light.”

STUDY [Luke 11:33-36](#)

05 Rule the spirit, words, and emotional responses.

- Being slow to anger and ruling one's spirit is a greater victory than outward conquest. ([Proverbs 16:32](#))
- A way can feel right and still lead toward death; maturity submits reactions to God's wisdom. ([Proverbs 16:25](#))
- Words can stir strife or bring life, so restraint and a merry heart matter. ([Proverbs 16:28](#); [Proverbs 17:22](#))

“Not everything that wants to come out of our mouth needs to come out.”

STUDY [Proverbs 16:25](#); [Proverbs 16:28](#); [Proverbs 16:32](#); [Proverbs 17:22](#)

06 Yield to the Potter's cleansing and shaping.

- David's prayer welcomes cleansing, renewed joy, a steadfast spirit, and a broken and contrite heart. ([Psalm 51:6-17](#))

- Like clay in the potter's hand, believers can be reshaped when flaws and impurities are exposed. ([Jeremiah 18:1-8](#))
- God prepares vessels to receive from Him and pour life into others. ([2 Timothy 2:20-21](#))

“He needs to be able to pour in us so we can pour out.”

STUDY [Psalm 51:6-17](#); [Jeremiah 18:1-8](#); [2 Timothy 2:20-21](#)

SCRIPTURE INDEX - NKJV

Read the Word in context.

[Proverbs 4:23](#)

[Hebrews 12:15](#)

[John 1:4-8](#)

[Matthew 4:16](#)

[Psalm 51:6](#)

[Romans 1:19-20](#)

[Luke 11:33-36](#)

[Luke 11:35](#)

[Proverbs 16:32](#)

[Proverbs 16:25](#)

[Proverbs 16:28](#)

[Proverbs 17:22](#)

[Psalm 51:6-17](#)

[Jeremiah 18:1-8](#)

[2 Timothy 2:20-21](#)

What will you bring into God's light?

What influence, offense, fear, or repeated thought must not be allowed to take root in your heart?

Where might a personal opinion or negative perspective be distorting what God is showing you?

Which word or emotional reaction needs to come under the Holy Spirit's direction this week?

What impurity or resistant place do you need to surrender to the Potter's shaping hands?
