



SUNDAY MESSAGE NOTES AND INTERACTIVE PDF

Strengthen the Brethren

The Holy Spirit equips every believer to come alongside others with prayer, timely words, mutual faith, and Barnabas-like courage.

SERMON TITLE	MINISTER
Strengthen the Brethren	Pastor Hannah Gillick
DATE	PRIMARY SCRIPTURE
Wednesday, August 26, 2026	Luke 22:31-32 ; Hebrews 3:12-13

TOPICS [Encouragement](#) | [Body of Christ](#) | [Prayer](#) | [Faith](#) | [Unity](#)

NOTES

Truth to carry into the week.

01 A timely word can lift heaviness and change another person's direction.

- Anxiety weighs the heart down, but a good word makes it glad. ([Proverbs 12:25](#))
- Encouragement is more than optimism; it comes alongside another person and lends strength for the moment. ([John 14:16-17](#))
- Every believer can yield to the Holy Spirit and speak life, hope, and courage. ([Ephesians 4:29](#))

"A good word makes it glad."

STUDY [Proverbs 12:25](#); [John 14:16-17](#); [Ephesians 4:29](#)

02 Jesus strengthens us so we can return and strengthen others.

- Jesus prayed for Peter's faith before the pressure came and gave him an assignment beyond his failure. ([Luke 22:31-32](#))
- A life of prayer and passion brings strength to people even before a direct word is spoken. ([Ephesians 3:16-19](#))

- The grace we receive is meant to flow through us rather than stop with us. ([2 Corinthians 1:3-4](#))

“When you return to Me, strengthen your brethren.”

STUDY [Luke 22:31-32](#); [2 Corinthians 1:3-4](#); [Ephesians 3:16-19](#)

03 Encouragement is a daily responsibility that protects the church from deception.

- Believers are told to exhort one another today so hearts do not harden through the deceitfulness of sin. ([Hebrews 3:12-13](#))
- Mutual faith allows each person to give and receive strength within the body. ([Romans 1:11-12](#))
- Gathering together lets us stir one another toward love, good works, and endurance. ([Hebrews 10:24-25](#))

“Today I have a responsibility to exhort my brethren.”

STUDY [Romans 1:11-12](#); [Hebrews 3:12-13](#); [Hebrews 10:24-25](#)

04 Barnabas saw what grace could become in people others were afraid to trust.

- The apostles recognized Joseph’s gift and called him Barnabas, the Son of Encouragement. ([Acts 4:36-37](#))
- Barnabas stood beside Saul when others feared him and helped open a place for his calling. ([Acts 9:26-31](#))
- He looked for God’s grace in Antioch and urged believers to continue with purpose of heart. ([Acts 11:22-24](#))

“He was a huge strength to Paul.”

STUDY [Acts 4:36-37](#); [Acts 9:26-31](#); [Acts 11:22-24](#)

05 Strengthening people requires Spirit-led action, not passive concern.

- Prayer, a message, a visit, generosity, and faithful presence can each become God’s supply to another person. ([Proverbs 11:25](#))
- Barnabas gave, traveled, advocated, taught, and stayed beside people as they matured. ([Acts 13:2-3](#); [Acts 14:19-23](#))

- When someone is on your heart, move with wisdom and love rather than withholding the encouragement they may need. ([Galatians 6:1-2](#))

“When somebody’s on our heart, we move. We move on it. We pray.”

STUDY [Proverbs 11:25](#); [Acts 13:2-3](#); [Acts 14:19-23](#); [Galatians 6:1-2](#)

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Read the Word in context.

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[Acts 4:36-37](#)

[Acts 9:26-31](#)

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Whom will you strengthen today?

Who is on your heart right now, and what kind of strength might they need?

How has God used another believer's prayer, presence, or words to strengthen you?

Where have fear or disappointment made you hesitant to believe in someone's calling?

What specific act of encouragement will you carry out today?
