

Strength and Grace for Every Mother

God meets mothers with restoring grace and strength, equipping women to pray, help, shape the heart of the home, and leave a wise and godly inheritance.

SERMON TITLE	MINISTER
Strength and Grace for Every Mother	Pastor Hannah Gillick
DATE	PRIMARY SCRIPTURE
Sunday, May 11, 2025	Proverbs 31:10-31

TOPICS [Motherhood](#) | [Women](#) | [Prayer](#) | [Family](#) | [Grace](#)

NOTES

Truth to carry into the week.

01 God meets mothers with strength, healing, and restoring grace.

- Mother's Day can hold joy, grief, strained relationships, and memories that require the tender work of the Holy Spirit. ([Psalm 34:18](#))
- God offers beauty for ashes and praise in place of heaviness as hearts open to His presence. ([Isaiah 61:3](#))
- Restoration begins with a yielded yes that allows Him to heal mothers, children, and the spaces between them. ([Psalm 147:3](#))

"This is a time of rejoicing. It's also a time of healing."

STUDY [Psalm 34:18](#); [Isaiah 61:3](#); [Psalm 147:3](#)

02 A godly woman receives strength and fuel in the presence of God.

- Grace makes room for healthy support and renewal rather than requiring a mother to pour from constant exhaustion. ([2 Corinthians 12:9](#))
- In God's presence, weakness is exchanged for strength, confusion for direction, and heaviness for hope. ([Isaiah 40:29-31](#))
- Time with the Lord supplies words, plans, vision, and the emotional capacity needed to serve a family well. ([Psalm 16:11](#))

"We find the most fuel that we need to be the woman that we need to be in His presence."

STUDY [2 Corinthians 12:9](#); [Isaiah 40:29-31](#); [Psalm 16:11](#)

03 God created woman as a strong, corresponding helper.

- The Hebrew word *ezer* describes the woman as a helper comparable to the man, not an inferior afterthought. ([Genesis 2:18](#))
- The same language of help is used of God, showing that biblical help carries strength, supply, and purposeful partnership. ([Deuteronomy 33:26](#))
- A helper prays, speaks truth with love, lends practical support, and strengthens others toward God's purpose. ([Ecclesiastes 4:9-10](#))

“A godly woman is a helper. She was created by God to help and to serve.”

STUDY [Genesis 2:18](#); [Deuteronomy 33:26](#); [Ecclesiastes 4:9-10](#)

04 A mother helps shape the spiritual and emotional heart of her home.

- Older women are called to model godliness and teach younger women to love their husbands and children. ([Titus 2:3-5](#))
- Love includes maintaining connection, bringing warmth and joy, and accepting responsibility for the revelation God personally gives. ([1 Corinthians 13:4-7](#))
- A mother can lead prayer and Bible study with creativity while honoring the shared spiritual responsibility of the family. ([Deuteronomy 6:6-7](#))

“You’re the heart of your home.”

STUDY [Titus 2:3-5](#); [1 Corinthians 13:4-7](#); [Deuteronomy 6:6-7](#)

05 Prayer can establish a new inheritance for the next generation.

- A woman does not have to repeat the absence or brokenness she experienced; she can become a praying mother. ([2 Corinthians 5:17](#))
- Faith-filled prayer covers children, asks for wisdom, and keeps trusting God through seasons that cannot be controlled. ([James 1:5](#))
- Spiritual mothers also invest the Word, encouragement, and example into people beyond their natural household. ([Titus 2:3-4](#))

“Maybe you didn’t have a praying mom, but you can become a praying mom.”

STUDY [2 Corinthians 5:17](#); [James 1:5](#); [Titus 2:3-4](#)

06 The virtuous woman is marked by strength, wisdom, diligence, and the fear of the Lord.

- Proverbs 31 celebrates a woman whose work, generosity, planning, leadership, and care bless her household and community. ([Proverbs 31:10-27](#))
- Strength and honor clothe her because her life is built on godly character rather than outward comparison. ([Proverbs 31:25](#))
- Her lasting praise is rooted in fearing the Lord and allowing His Word to form the woman she is becoming. ([Proverbs 31:28-31](#))

“This is who God wants me to be, and I will step into this by way of memorizing it and declaring it.”

STUDY [Proverbs 31:10-31](#)

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Read the Word in context.

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[Isaiah 61:3](#)

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How will you put the Word into practice?

Where do you need to receive God's strength, healing, or restoring grace today?

What practical rhythm will help you receive fresh fuel from God's presence?

How can you bring greater prayer, warmth, wisdom, or connection into your home?

What godly inheritance do you want your children or spiritual children to receive from your life?
