

MID-WEEK MESSAGE NOTES AND INTERACTIVE PDF

# Spiritual Hunger & Thirst

Spiritual hunger grows as believers reject complacency, approach God as beloved children, and actively drink from His presence until the life of the Spirit overflows to others.

| SERMON TITLE                | MINISTER                                                    |
|-----------------------------|-------------------------------------------------------------|
| Spiritual Hunger & Thirst   | Shane Schmidt                                               |
| DATE                        | PRIMARY SCRIPTURE                                           |
| Thursday, December 18, 2025 | <a href="#">John 7:37-39</a> ; <a href="#">Psalm 63:1-8</a> |

TOPICS [Spiritual Hunger](#) | [Intimacy with God](#) | [Worship](#) | [Surrender](#) | [Transformation](#)

## NOTES

## Truth to carry into the week.

### 01 Treat spiritual thirst as an invitation to pursue God.

- Jesus invites the thirsty to come to Him and drink; hunger is not satisfied by acknowledging a need while remaining spiritually passive. ([John 7:37-39](#))
- The soul that recognizes its need for God can respond with desire, faith, worship, and deliberate pursuit. ([Psalm 63:1](#))
- Thirst becomes fruitful when the believer follows it into fellowship instead of numbing it with comfort, routine, or distraction. ([Psalm 42:1-2](#))

***"We have to obey our spiritual thirst."***

STUDY [Psalm 42:1-2](#); [Psalm 63:1](#); [John 7:37-39](#)

### 02 Refuse the pride that disguises spiritual emptiness.

- Ministry activity, religious language, and outward expression can continue even while personal desire for God is weakening. ([2 Corinthians 13:5](#))
- Pride says that past experience or present responsibility is enough; humility admits the need to be filled again. ([James 4:6-8](#))

- Self-examination is not condemnation—it is an honest invitation to return to first love and living fellowship. ([2 Corinthians 13:5](#))

***“Pride ruins spiritual hunger and thirst.”***

**STUDY** [2 Corinthians 13:5](#); [James 4:6-8](#)

### **03 Approach God as a beloved child, not a distant outsider.**

- Those led by the Spirit have received adoption and can cry, “Abba, Father,” with the confidence of sons and daughters. ([Romans 8:14-17](#))
- The Holy Spirit bears witness that believers belong to God and share in the inheritance of Christ. ([Romans 8:16-17](#))
- Hunger grows in the security of being loved: access to the Father is relational, intimate, and already opened through Jesus. ([Ephesians 3:17-19](#))

***“I want Him or nothing.”***

**STUDY** [Romans 8:14-17](#); [Ephesians 3:17-19](#)

### **04 Let desire become an active reach of faith.**

- The woman with the issue of blood did more than recognize that Jesus could heal; she pressed through the crowd and reached for Him. ([Mark 5:25-34](#))
- Her desperation became faith in motion, refusing to let weakness, delay, or other people determine the outcome. ([Mark 5:27-29](#))
- Spiritual hunger likewise moves toward Jesus with expectation instead of waiting passively for desire to intensify on its own. ([Mark 5:34](#))

***“I’m hungry and I’m thirsty.”***

**STUDY** [Mark 5:25-34](#)

### **05 Make God’s presence the one thing that orders everything else.**

- David’s central desire was to dwell with God, behold His beauty, and inquire in His presence. ([Psalm 27:4](#))
- God’s presence is not an accessory to programs, ministry, or personal plans; it is the primary reality from which they receive life. ([Psalm 63:2-4](#))
- A simple practice of personal worship can awaken the heart again and train attention toward the One who satisfies it. ([Psalm 63:5-8](#))

*“His presence is prominent. It’s the primary thing.”*

STUDY [Psalm 27:4](#); [Psalm 63:2-8](#)

## 06 Drink deeply enough for the river to reach someone else.

- Jesus promises that the one who drinks from Him will become a vessel through whom rivers of living water flow. ([John 7:37-39](#))
- The Holy Spirit’s work is not meant to terminate in a private experience; what God fills can overflow in love, encouragement, healing, and ministry to others. ([1 Corinthians 12:13](#))
- A continually refreshed believer can bring the life of God into spiritually dry places rather than drawing on yesterday’s experience. ([John 7:38](#))

*“When I drink, Jesus multiplies and rivers flow.”*

STUDY [John 7:37-39](#); [1 Corinthians 12:13](#)

## 07 Offer God availability before ability.

- God transforms believers as they behold Him, changing them from glory to glory before asking them to reproduce religious activity. ([2 Corinthians 3:18](#))
- Every believer is God’s workmanship, prepared for good works that flow from His shaping rather than self-manufactured qualification. ([Ephesians 2:10](#))
- Creation is waiting for sons and daughters who will yield to the Spirit and make the life of God visible. ([Romans 8:19](#))

*“God’s not concerned about your abilities; He wants your availability.”*

STUDY [2 Corinthians 3:18](#); [Ephesians 2:10](#)

SCRIPTURE INDEX - NKJV

## Read the Word in context.

[Psalm 27:4](#)

[Psalm 42:1-2](#)

[Psalm 63:1-8](#)

[Mark 5:25-34](#)

[John 7:37-39](#)

[Romans 8:14-17](#)

[Romans 8:19](#)

[1 Corinthians 12:13](#)

[2 Corinthians 3:18](#)

[2 Corinthians 13:5](#)

[Ephesians 2:10](#)

[Ephesians 3:17-19](#)

[James 4:6-8](#)

## What are you truly thirsty for?

What comfort, routine, distraction, or pride has been dulling your hunger for God?

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What concrete act of pursuit will help you obey your spiritual thirst this week?

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How does knowing you are God's beloved child change the way you approach His presence?

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Who could be refreshed if the living water God places in you were allowed to overflow?

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