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SUNDAY MESSAGE NOTES AND INTERACTIVE PDF

Hitting the Mark

Grace frees us from sin's rule as we answer conviction with humility, receive mercy, and resist temptation by the Word and Spirit.

SERMON TITLE	MINISTER
Hitting the Mark	Pastor Jason Gillick
DATE	PRIMARY SCRIPTURE
Sunday, March 29, 2026	Genesis 4:2-7 ; Romans 6:12-14

TOPICS [Holiness](#) | [Temptation](#)

NOTES

Truth to carry into the week.

01 Recognize sin as missing God's intended mark.

- All have sinned and fallen short of God's glory, so our response begins with honest dependence rather than comparison. ([Romans 3:23](#))
- God has not left believers powerless; He gives the Holy Spirit to form a life that honors and pleases Him. ([Romans 8:13](#))

"The word sin really actually means to miss the mark."

STUDY [Romans 3:23](#); [Romans 8:13](#)

02 Rule over what seeks to rule over you.

- God warned Cain that sin desired control, yet Cain was responsible to master his response. ([Genesis 4:2-7](#))
- Anger, jealousy, pride, and blame become dangerous when correction is rejected instead of received with humility. ([Genesis 4:5-9](#))

“But you shall rule over it.”

STUDY [Genesis 4:2-9](#); [James 1:19-21](#)

03 Stand in Christ’s freedom from sin’s dominion.

- Believers are not instructed to let sin reign in their bodies or obey its desires. ([Romans 6:12](#))
- Grace is not permission to surrender; it is God’s power for living free under Christ’s authority. ([Romans 6:14](#))

“For sin shall not have dominion over you.”

STUDY [Romans 6:12-14](#); [John 8:36](#)

04 Cooperate with the Holy Spirit in practical holiness.

- The law of the Spirit of life in Christ frees believers from the law of sin and death. ([Romans 8:1-2](#))
- Putting the deeds of the body to death is accomplished by yielding to the Spirit, not by trusting self-effort. ([Romans 8:13](#))
- Walking by the Spirit keeps the desires of the flesh from directing the believer’s life. ([Galatians 5:16](#))

“You put to death those deeds by the power of the Holy Spirit.”

STUDY [Romans 8:1-13](#); [Galatians 5:16](#)

05 Answer temptation with God’s Word and steadfast faith.

- Jesus answered the tempter with Scripture and refused to turn appetite, pride, or power into disobedience. ([Matthew 4:1-11](#))
- The enemy prowls for someone to devour, but believers can resist him while remaining firm in faith. ([1 Peter 5:8-9](#))
- The Word renews the mind and exposes the lies that try to lure a believer away from God. ([Romans 12:2](#))

“You can, through Christ Jesus, rule over sin.”

STUDY [Matthew 4:1-11](#); [1 Peter 5:8-9](#); [Romans 12:2](#)

06 Come boldly for mercy, repentance, and help.

- Conviction leads toward repentance and life; condemnation drives people away from the Father. ([2 Corinthians 7:10](#))

- When the heart condemns, God is greater than the heart and knows the truth completely. ([1 John 3:20](#))
- The blood of Jesus gives believers access to the throne of grace for mercy and timely help. ([Hebrews 4:14-16](#))

“You come boldly to the throne of grace to find help in time of need.”

STUDY [2 Corinthians 7:10](#); [1 John 3:20](#); [Hebrews 4:14-16](#)

SCRIPTURE INDEX - NKJV

Read the Word in context.

[Genesis 4:2-9](#)

[Romans 3:23](#)

[Romans 6:12-14](#)

[Romans 8:1-13](#)

[Galatians 5:16](#)

[Matthew 4:1-11](#)

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[John 8:36](#)

[2 Corinthians 7:10](#)

[1 John 3:20](#)

[Hebrews 4:14-16](#)

Will you receive correction and walk free?

Where have you been excusing a pattern that is missing God's mark for your life?

How can you receive correction with humility instead of anger, pride, or blame?

Which temptation will you answer with a specific Scripture and the help of the Holy Spirit?

What do you need to bring boldly to God's throne of grace for mercy and help?
