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SUNDAY MESSAGE NOTES AND INTERACTIVE PDF

# Grace for the Race

God's grace enables believers to begin, continue, and finish their race with focus, discipline, humility, purpose, and enduring faith.

| SERMON TITLE         | MINISTER                       |
|----------------------|--------------------------------|
| Grace for the Race   | Pastor Jason Gillick           |
| DATE                 | PRIMARY SCRIPTURE              |
| Sunday, May 31, 2026 | <a href="#">Hebrews 12:1-2</a> |

TOPICS [Grace](#) | [Perseverance](#) | [Call of God](#) | [Spiritual Growth](#) | [Faith](#)

## NOTES

## Truth to carry into the week.

### 01 The Christian race begins, continues, and finishes through the grace of God.

- Jesus is both the author and the finisher of faith, so every stage of the race depends upon Him. ([Hebrews 12:1-2](#))
- Grace supplies strength and ability to carry out the purpose God has placed upon a life. ([2 Corinthians 12:9](#))
- A fall is not the end of the race; grace enables the believer to rise and keep moving forward. ([Proverbs 24:16](#))

***"You need the grace of God to start the race. You need the grace of God to continue in the race. You need the grace of God to finish the race."***

STUDY [Hebrews 12:1-2](#); [2 Corinthians 12:9](#); [Proverbs 24:16](#)

## 02 Every weight, distraction, and sin must be laid aside so the runner can remain on course.

- Weights may not always look sinful, but they still hinder progress toward God's purpose. ([Hebrews 12:1](#))
- The enemy seeks to push believers off their path, while Jesus keeps their attention fixed upon the finish. ([Hebrews 12:2](#))
- God's grace trains believers to deny ungodliness and live soberly, righteously, and godly. ([Titus 2:11-12](#))

*"Let us lay aside every weight and every sin which so easily ensnares us."*

STUDY [Hebrews 12:1-2](#); [Titus 2:11-12](#)

## 03 Run deliberately for the imperishable crown instead of moving through life without spiritual purpose.

- Every runner participates, but believers are commanded to run in a way that obtains the prize. ([1 Corinthians 9:24](#))
- Temperance brings the body under discipline so temporary appetites do not cost an eternal reward. ([1 Corinthians 9:25-27](#))
- The crown God gives cannot perish, fade, or be taken away by earthly circumstances. ([2 Timothy 4:8](#))

*"They do it to obtain a perishable crown, but we for an imperishable crown."*

STUDY [1 Corinthians 9:24-27](#); [2 Timothy 4:8](#)

## 04 Grace does not replace cooperation; it empowers a humble believer to be corrected, strengthened, and perfected.

- God resists pride but gives grace to the humble heart that remains teachable. ([James 4:6](#))
- Grace must not be resisted or frustrated; the believer submits to the work God is doing within. ([Galatians 2:21](#))
- His strength becomes effective where human weakness stops pretending it is sufficient. ([2 Corinthians 12:9](#))

*"You do not try to perfect yourself. He's the One that perfects you. You just cooperate with the perfection."*

STUDY [James 4:6](#); [Galatians 2:21](#); [2 Corinthians 12:9](#)

## 05 Purpose becomes clear in God's presence, where plans are surrendered to His direction.

- Believers are His workmanship, created in Christ Jesus for the works God prepared beforehand. ([Ephesians 2:10](#))
- Vision is written after it is received from God, not manufactured apart from His presence. ([Habakkuk 2:2-3](#))
- Trust acknowledges Him in every path and allows Him to direct the course. ([Proverbs 3:5-6](#))

*"He gives you the strength and the ability to carry out the purpose He has for your life."*

STUDY [Ephesians 2:10](#); [Habakkuk 2:2-3](#); [Proverbs 3:5-6](#)

## 06 Finishing strong requires forgetting what is behind and pressing toward the upward call of God.

- Past victories and past failures must not become stopping places in the race. ([Philippians 3:12-14](#))
- Maturity keeps reaching forward instead of turning backward or settling into spiritual complacency. ([Philippians 3:15](#))
- Paul's final testimony joined finishing the race with keeping the faith and receiving the crown. ([2 Timothy 4:6-8](#))

*"I press toward the goal for the prize of the upward call of God in Christ Jesus."*

STUDY [Philippians 3:12-15](#); [2 Timothy 4:6-8](#)

SCRIPTURE INDEX - NKJV

## Read the Word in context.

[Hebrews 12:1-2](#)

[2 Corinthians 12:9](#)

[Proverbs 24:16](#)

[Titus 2:11-12](#)

[1 Corinthians 9:24-27](#)

[2 Timothy 4:8](#)

[James 4:6](#)

[Galatians 2:21](#)

[Ephesians 2:10](#)

[Habakkuk 2:2-3](#)

[Proverbs 3:5-6](#)

[Philippians 3:12-15](#)

[2 Timothy 4:6-8](#)

## How will you finish your race?

What weight, distraction, or sin must be laid aside so you can remain on God's course?

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Where are you trying to perfect yourself instead of cooperating with the grace God has supplied?

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What purpose or direction do you need to seek in God's presence before making your next plan?

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What past victory or failure must be released so you can press toward the upward call of God?

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