

SUNDAY MESSAGE NOTES AND INTERACTIVE PDF

Blessed Is the Man

The blessed life begins in a soul rooted in God, governed by His Word, and faithful enough to bear fruit even when heat and drought come.

SERMON TITLE	MINISTER
Blessed Is the Man	Pastor Jason Gillick
DATE	PRIMARY SCRIPTURE
Sunday, December 28, 2025	Psalm 1:1-3 ; Jeremiah 17:7-8

TOPICS [Blessings](#) | [Word of God](#) | [Faithfulness](#) | [Obedience](#) | [Fruits of the Spirit](#)

NOTES

Truth to carry into the week.

01 The blessing of God begins in the condition of the soul.

- Psalm 1 describes blessing as deep joy, well-being, flourishing, and favor—not merely the possession of material things. ([Psalm 1:1](#))
- A prosperous life grows outward from a soul made healthy through communion with God. ([3 John 1:2](#))
- The Lord’s blessing carries no sorrow because He, rather than possessions, is its source. ([Proverbs 10:22](#))

“This blessing starts in the soul of man.”

STUDY [Psalm 1:1](#); [3 John 1:2](#); [Proverbs 10:22](#)

02 Refuse the slow progression of ungodly counsel.

- The slide begins by listening, advances to standing in sinful patterns, and settles into agreement with those who scorn God. ([Psalm 1:1](#))
- Social media, workplace pressure, and familiar voices do not become trustworthy counsel merely because they are repeated often. ([Psalm 1:1](#))

- Jesus is the Wonderful Counselor; His Word and His presence must govern the believer's direction. ([Isaiah 9:6](#))

“Your counsel is to come through His Word.”

STUDY [Psalm 1:1](#); [Isaiah 9:6](#)

03 Delight in the Word until it becomes the thought pattern of your life.

- The blessed person does not approach Scripture as a duty but as nourishment worth returning to day and night. ([Psalm 1:2](#))
- Meditation keeps God's truth before the heart until it shapes decisions, speech, prayer, and expectation. ([Psalm 1:2](#))
- Drawing near to God is how the soul remains alive to His direction and blessing. ([James 4:8](#))

“Your delight is in the Word of God.”

STUDY [Psalm 1:2](#); [James 4:8](#)

04 Stay planted long enough for the fruit to reach its season.

- A tree beside living water pictures consistency, faithfulness, roots, and a dependable source of life. ([Psalm 1:3](#))
- Fruit does not appear in every season, but the planted life does not abandon its place while the harvest is forming. ([Psalm 1:3](#))
- God Himself works within His people, supplying both the desire and the ability to continue in His good pleasure. ([Philippians 2:13](#))

“If we remain consistent, we remain planted, we remain faithful, we remain strong, we remain true.”

STUDY [Psalm 1:3](#); [Philippians 2:13](#)

05 Trusting God keeps the heart fruitful when heat and drought come.

- The person whose hope is in the Lord spreads roots toward the river instead of letting trouble dictate the source of life. ([Jeremiah 17:7-8](#))
- Heat may be real, but fear does not have to govern a heart that knows where its help, protection, and sustenance come from. ([Jeremiah 17:8](#))
- Spiritual fruit and practical generosity can continue even in a dry season because God remains the source. ([Jeremiah 17:8](#); [Galatians 5:22-23](#))

“And will not be anxious in the year of drought nor will cease from yielding fruit.”

STUDY [Jeremiah 17:7-8](#); [Galatians 5:22-23](#)

06 Faithful obedience can redirect the future of a family.

- The consequences of ungodly counsel can deepen across generations, but a person who draws near to the Lord begins a different inheritance. ([Psalm 1:1-3](#))
- As peace, joy, and faithfulness take root in one life, obedience can break an old pattern and establish a new direction for children, friends, and those who follow. ([Deuteronomy 7:9](#))

“You’ve literally changed the future of your family because of your obedience.”

STUDY [Psalm 1:1-3](#); [Deuteronomy 7:9](#)

07 A surrendered life can be broken, given, and multiplied for others.

- Jesus blessed, broke, and gave the loaves until a small provision fed a multitude. ([Matthew 14:13-21](#))
- As Christ gave Himself for us, laying down self-will allows Him to touch families, heal brokenness, gather souls, and demonstrate His life through the church. ([Luke 22:19-20](#); [Romans 12:1-2](#); [Matthew 16:18](#))

“We allow our self-will to be broken so that we can see an expansion—lives touched and changed.”

STUDY [Matthew 14:13-21](#); [Luke 22:19-20](#); [Romans 12:1-2](#); [Matthew 16:18](#)

SCRIPTURE INDEX - NKJV

Read the Word in context.

[Psalm 1:1-3](#)

[Deuteronomy 7:9](#)

[Proverbs 10:22](#)

[Isaiah 9:6](#)

[Jeremiah 17:7-8](#)

[Matthew 14:13-21](#)

[Matthew 16:18](#)

[Luke 22:19-20](#)

[Romans 12:1-2](#)

[Galatians 5:22-23](#)

[Philippians 2:13](#)

[James 4:8](#)

[3 John 1:2](#)

Where are your roots growing?

Where have you been measuring blessing by possessions or circumstances rather than the condition of your soul?

Which voice or source of counsel needs to lose influence so the Word can govern your thinking?

What practice will help you remain planted and faithful while you wait for fruit to appear in its season?

What part of your self-will needs to be surrendered so God can multiply your life for the good of others?
